



# April Newsletter

Be sure to follow our Facebook page  
"Cranberry Portage Community Resource Center"  
for regular updates and information.  
Ph: 204 472-3671

The Resource Center is open Monday to Thursday from 8:00 am to 4:00 pm.  
Phone 204 472-3671



*School with Morty, our preschool orientation program, runs from April 16th to June 13th Tuesday, Wednesday and Thursday afternoons in partnership with AHS. This is for children who will be attending Nursery School in September. Please call Jess to register your child.*

PLAYGROUP will be Tuesday & Thursday mornings 10—12  
Bring your kids out for play time now that the weather has warmed up.

Book Buddies book exchange is every Monday.



**Hoop Dancing is Mondays—April 8, 15, 29th and May 6th for those who have registered.**

**Big Cook— Tuesday, April 16th 6—9 pm at the Resource Center**

Register for this session where we will make 5 meals to go into your freezer to cook as needed in a crock pot.

We provide all the ingredients and a crock pot! We have room for 6 participants. Priority given to families with children aged 0—6. Call us at 204 472-3671 or send us a message on messenger



**Cooking Circle— May 7, 14, 21 & 28th 5—7 pm**

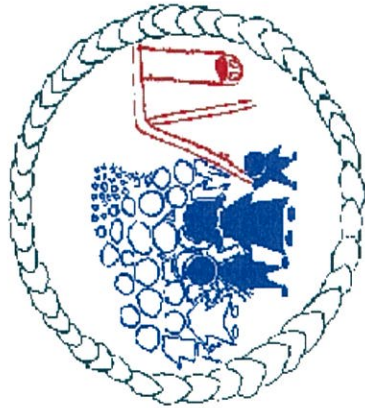
Joanna Ledoux will facilitate 4 cooking circles. We provide all the ingredients. Recipes include Baked Oatmeal, Chicken Fajita Tacos, Greek Lemon Garlic Chicken Salad & One Pot Garlic Parmesan Pasta. Maximum class size is 6. Children in Grade 5 and older may attend with a parent/guardian.

Sessions are held in the Home Ec building on the F.C. Campus Call to register! There is no fee to attend.



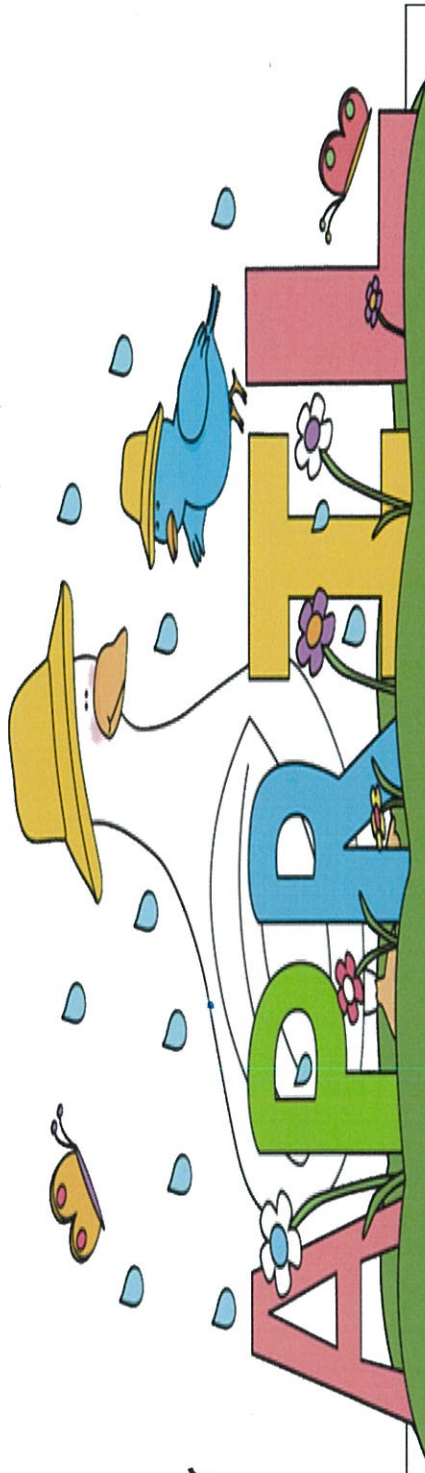
Deborah Bottcher from Best Beginnings will be at the Resource Center on Tuesday, April 9 & 23 Call 204 623-1023 for an appointment. Pre and post natal support and resources.

**CHILD/ FAMILY  
RESOURCE CENTER  
HOURS :  
MONDAY - THURSDAY  
8:00 AM - 4:00 PM**

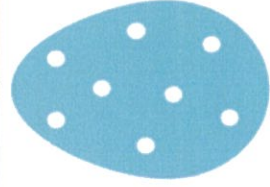
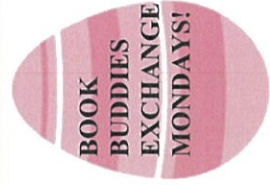
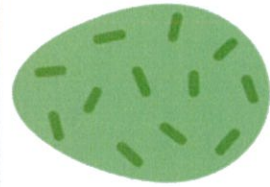
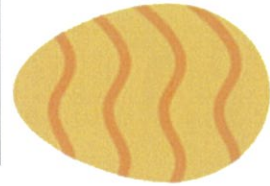


**Faxing  
Copying  
Computer Access  
Playgroups  
Book Buddies**

School with Morty is starting the 16th and will continue every Tuesday, Wednesday, and Thursday from 1pm-3pm.



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5	6
7		8 hoop 3-5 p.m	9	10	11 Pizza and Parenting 6-8	12 Closed	13
14		15 hoop 3-5 p.m	16 school with morty Big cook 6-9 p.m	17 school with morty	18 school with morty	19 Closed	20
21		22 hoop 3-5 p.m	23 school with morty	24 school with morty	25 school with morty	26 Closed	27
28		29 hoop 3-5 p.m	30 school with morty				





## MANITOBA ABORIGINAL HEAD START URBAN & NORTHERN COMMUNITIES

Tansi,

It's April 2024! Spring is very much here! Look out we'll get a snow storm!

April moon is Budding Trees Moon. This is the time of year for return. Geese and birds return from the south after their long trek home. The Color for April is Yellow, the color of spring and the dandelion flower.

Mikisew (Eagle) is the messenger since he is the only bird that can fly to extreme heights. When we smudge, the prayers are taken to the Creator.

Mikisew teaches us love, love yourself, your family, your friends and the environment!

Playing outside is every day so boots, mitts, hats and jacket are a must, puddles and mud are the most fun in the spring.

There will be a Pizza & Parenting on Thursday, April 11, 2024 from 6 – 8 pm. Granny Willow will be with us, sharing about feelings, emotions and behaviors. To register with the Child/Family Resource Center, call 204-472-3671 or contact them on Messenger or email: [childfamily.cranberry@gmail.com](mailto:childfamily.cranberry@gmail.com).

School With Morty starts on Tuesday, April 16 till Thursday, June 13, 2024, for all children going in Nursery in September 2024, it will run in partnership with Aboriginal Head Start. Regular program will still run on Mondays.

Contact information for our program is phone: 1-431-346-0781

Email: [lynndubois.ahs@gmail.com](mailto:lynndubois.ahs@gmail.com) or [karleighbrigtose.ahs@gmail.com](mailto:karleighbrigtose.ahs@gmail.com)

Ekosi

*News from School.....*

**Cranberry Portage Elementary**



*April 29th—Arctic Games presentations for Grade 1—8*

***The Child/Family Resource Center Babysitter Course***

***May 3rd 9:00 am—3:00 pm***

***\$10 per student Lunch will be provided***

***Maximum class size is 12, so register early***

***Students must be 11 by the end of May to participate.***

***Instructor is Kelleen Blouin. The program is the Saskatchewan Safety Council Babysitter Training Program.***

***Some of the topics covered are***

- ***ages of stages of children and what to expect at each age***
- ***Holding, feeding, changing and diapering a baby, why babies cry, baby soothing***
- ***Understanding toddler behavior & techniques***
- ***Play and why it's important***
- ***Home safety, child safety, outdoor safety, prevention of accidents and injuries with a focus on choking prevention***
- ***Fire safety and what to do to prevent it***
- ***First aid for common injuries***



***Children's Bike Helmets***

***We have a small selection of children's bicycle helmets at the Resource Center.  
New ones are \$10 We also have a few used ones that are free***

***Stop in and check out our selection***

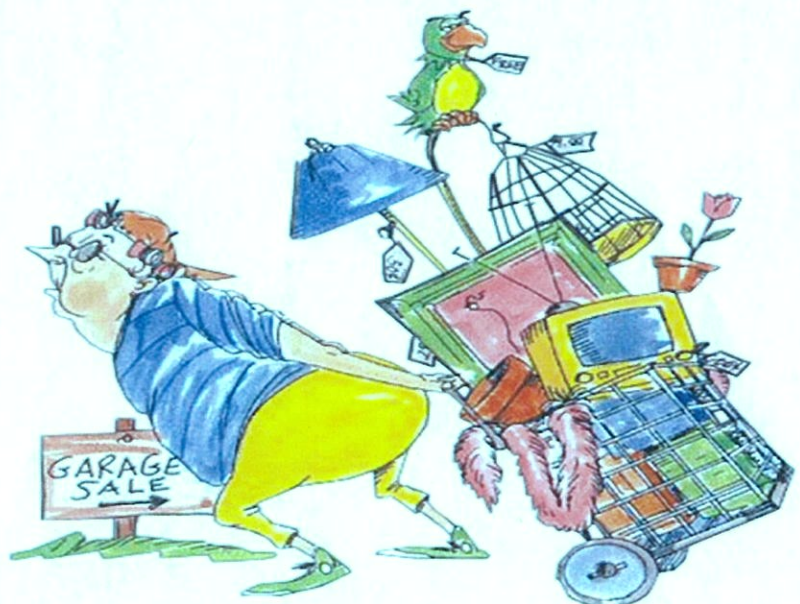


***Mark your calendar!***

***Community Yard Sale***

***Saturday, May 25th  
9:30—3:00***

***Anyone interested in running a  
canteen at the Legion that day  
please contact Debbie at the  
Resource Center.***



# APRIL

04

2024

## Frontier Collegiate

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9 Northlands college presentations	10	11	12	13
14	15 Employment skills presentation	16	17 Environthon	18	19 MADD presentation	20
21	22 Report cards mailed out	23 Parent teacher conferences	24	25	26	27
28	29 Mini University	30				



## Frontier Collegiate Grad 2024

Grads would like to thank community members who supported our flower sale fundraiser in February! It was a success, and we hope the flowers brightened your loved ones' day.

Students are now in their final semester and nearing the end of their high school program. Report cards for the midterm point in the semester are coming up mid-month, so students should be buckling down in their courses. This is the final push to achieve credits, apply for post-secondary, scholarships, make connections for employment, etc.

Prom is scheduled for Thursday May 16 and is an opportunity for grads to celebrate their year with undergrads in a formal, catered dance. It promises to be a great party! The theme this year is Las Vegas.

Grad is Thursday June 20 at 10:00 am at the Frontier Collegiate gym. The public is welcome to attend and help us celebrate our students' achievements.

For more information about Grad, please contact me at the school (204) 472-3431 extension 7402 or email [annemarie.rochford@fsdnet.ca](mailto:annemarie.rochford@fsdnet.ca)



University College of the North

## Basic First Aid and Intermediate First Aid

**Location:** Northern Manitoba Mining Academy 2 Hart Ave, Flin Flon MB

**Dates:** All classes run 8:30am-4:00pm with a ½ hour lunch.

May 4, 2024 Basic First Aid (EXT.0070 FF-41)

May 4-5 Intermediate First Aid (EXT 0158 FF-41)

May 22, 2024 Basic First Aid (EXT.0070 FF-42)

May 22-23, 2024 Intermediate First Aid (EXT.0158 FF-42)

**Cost:** Basic First Aid is \$126.00 (\$120.00 + \$6.00 GST) per person  
Intermediate First Aid is \$194.25 (\$185.00 + \$9.25 GST) per person

**Instructor:** Kari Lentowicz

**Other:** Please bring your own writing materials

**Basic First Aid Training:** This 1-day course is taught using face-to-face delivery of St. John Ambulance curriculum. The primary focus is CPR Level C (adult/infant/child), AED (defibrillator), and emergency situations.

**Intermediate First Aid Training:** This 2-day course is taught using face-to-face delivery of St. John Ambulance curriculum and includes CPR Level C (adult/infant/child), AED, with more thorough coverage of first aid situations.

To [register](#) or for further information  
contact the Northern Manitoba Mining Academy at 204.687.7038 or  
[nmma@ucn.ca](mailto:nmma@ucn.ca)

The fee must accompany the registration form for your seat to be held. Pay by cash, cheque, Purchase Order, ATI, TAN, MasterCard/Visa.  
Refund Policy: 100% refund will be issued if course is cancelled by UCN. If the student wishes to withdraw, a refund will be issued providing the voluntary withdrawal form is submitted to UCN 5 business days prior to first day of class.

**Courses are subject to cancellation due to insufficient enrolment.**

**Deadline to register and make payment arrangements is 5 business days prior to the start of each class.**

Further information and course offerings can also be found at [UCN.CA/CIS](http://UCN.CA/CIS)

*UCN acknowledges that we are on the traditional territories and homelands of many Indigenous peoples, who have existed here since time immemorial. The First Nations in the area that UCN serves entered into treaty relationships with the Crown and the territory has also become home to other Indigenous peoples. We uphold the treaties and collaborate with all Indigenous peoples to share truth, reconciliation, and learning.*





**P.O. BOX 310  
CRANBERRY PORTAGE, MB.  
R0B 0H0**

Email: [cphmuseum@gmail.com](mailto:cphmuseum@gmail.com)

Website: <http://cpmuseum.ca>

Follow us on Facebook & Instagram



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MARCH 2024 NEWSLETTER

**BUILD IT AND THEY WILL COME  
IT'S A HAPPENING PLACE  
KEEP TUNED  
BE PART OF THE PROCESS  
NEW THINGS ARE HAPPENING  
YOUR INPUT IS IMPORTANT  
KEEP CRANBERRY HISTORY ALIVE  
HELP IN LITTLE WAYS OR MAKE BIG WAVES**

AGM MEETING - MAY 7<sup>TH</sup>, 2024

TENATIVE MUSEUM OPENING DATE – MAY 21, 2024 (ALWAYS OPEN BY APPOINTMENT)

**RENEW YOUR ANNUAL MEMBERSHIP**

e-transfers can now be made to [cphmuseum@gmail.com](mailto:cphmuseum@gmail.com)

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*Your Memberships and/or donations support the museum by helping offset the utility costs as well as summer staffing.*

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**Regular Memberships Residents**

Individuals/Family \$15.00/year

Student \$10.00 per year

**Associate Membership**

(those who live outside of community) \$20.00

Institutions \$20.00 per year

*(when using e-transfer in the comment portion please provide us with your name, postal address, e-mail and/or phone # as well as indicate what your money is for: ie: memberships, general donations, or a donation In Memory of ????. Receipts (if over \$20.00) will be mailed to you for tax purposes, when applicable.)*

**CURRENT DIRECTORS AS OF MAY 1, 2023:**

**Richard Gibbons- President 472-3537**

**Mabel Brewer- Treasurer 472-3031 or 271-3081**

**Sandra Buchberger – Public Relations Officer 620-1710**

**Rene Grenier- Museum Maintenance Officer 472-3965**

**Barb Bragg – Vice President 680-6003**

**Patty Klimchuk – Secretary 620-2257**

**Mary-Ann Playford, Curator 271-0365 Text only**

**or email [cphmuseum@gmail.com](mailto:cphmuseum@gmail.com)**



# YOU'RE INVITED

## CRANBERRY PORTAGE HERITAGE MUSEUM

**2024 ANNUAL GENERAL MEETING**

**MAY 7, 2024, 7:00 PM**

**THE MUSEUM BUILDING (OLD TRAIN  
STATION)**

### **SHOW YOUR SUPPORT BY:**

Coming to hear the latest news for proposed plans and see the archival displays since last year at **YOUR** museum.

There will be a short business meeting to offer financial reporting, Museum Membership reports, Funding projects, Exhibit housing and Display proposals, and other updates.

Elections for expiring Executive Board positions will also be held.

The executive and a group of dedicated & interested volunteers have been working hard in the collection and cataloging of exhibits of your Museum. Please come & see the results to date of our efforts. Volunteers and appropriate donations to the collection are welcome. Come out and see **HOW YOU CAN HELP** make these important historical portions of Cranberry Portages past an attraction for newcomers, visitors, friends & returning former residents.

Coffee and dainties will be served



# L.U.D of Cranberry Portage

R.M OF KELSEY

## APRIL 2024

The L.U.D Office is open to the public, Monday - Friday: 10:00am-4:30pm unless otherwise posted. Open through lunch.

PO Box: 209  
Cranberry Portage, MB  
R0B-0H0  
Ph: 204-472-3219  
FAX: 204-472-3115  
Email: ludcran@mymts.net

**PUBLIC WORKS/  
AFTER-HOURS  
EMERGENCIES  
CALL:  
204-620-6352**

### PAYMENT OPTIONS

Debit, Cash, online payment, cheque and money order are accepted forms of payment in office. Payments may be delivered via the drop box in the front door of the LUD office or mail after hours

\*\*\*The R.M OF KELSEY/ L.U.D OF CRANBERRY PORTAGE IS NO LONGER ACCEPTING VISA OR OTHER CREDIT.

### L.U.D COMMITTEE

**The next LUD committee  
MEETING:**

May 7, 2024  
At 7:00pm

### Business Licenses: By-law 10/10

2023 Business License fees are due in January 2024

\*Primary source of income - \$75.00  
Secondary source of income - \$25.00 \* Transient trade is \$25.00/day, or \$100.00 for the year  
Applications forms are available at the L.U.D Office upon request.

### The L.U.D OFFICE CLOSURE DATES:

\*\*\*No closures this month unless posted on office door or please call town office (posted on voicemail 204-472-3219)

**WASTE SITE HOURS:** are 12:00 PM - 5:00 PM  
Sundays and Wednesdays. If you require emergency access to the waste site outside of regular hours, please contact the L.U.D Office and we will try to accommodate you.

**LOOSE GARBAGE IN BINS:** The town will only pick up bags and boxes. Any loose or strewn garbage, animal carcasses or animal waste will not be collected. Please see to it that your bin is easily accessible.

**\*\*\*HAVE GARBAGE OUT BY 8:00AM ON YOUR SCHEDULED GARBAGE PICK UP DAY, AS WE HAVE NEW DRIVERS.**

**Attention First Cranberry Lake Side Residents, starting February 19<sup>th</sup> your new garbage pickup day will be changed to Fridays. Letters were mailed. If you have any questions, please contact the L.U.D Office.**

**Garbage Pick-up Holiday Time Changes**

No holiday garbage pick-up changes this month.

**DEVELOPMENT & BUILDING PERMITS**

Please remember permits must be filled out and approved before any construction can begin. Permits and information regarding construction of buildings or structures are available at our office.

**ANIMAL BY-LAW - 04/14**

Bylaw No 19/90 **ALL DOGS NEED A LICENSE YEARLY.** Licenses expire December 31<sup>st</sup> of each year. The metallic plate issued upon payment for a license must be placed around the dog's neck securely.

**-Neutered male or spayed females- \$20.00**

**-Unneutered male or Un-spayed females - \$25.00.**

Payment can be made by debit, cash, cheque or money order.

**EMPLOYMENT OPPORTUNITIES:**

The R.M of Kelsey/ L.U.D of Cranberry have a full time PUBLIC WORKS Position; the position is available until filled. Please see advertainments posted below. Or you can contact the town office for more info.

**\*Summer Student Employment**

**RECYCLING:**

Garbage is ending up in our recycling trailers, please contact the L.U.D office for a list of recyclable materials.

**2024 SEASONAL CAMPING LOTS AVAILABLE**

**CRANBERRY PORTAGE, MANITOBA**

The L.U.D. of Cranberry Portage/ R.M. of Kelsey has **4 non-electrical camping spots (\$550.00/site) available from May 17th, 2024 - September 3rd, 2024** in the Cranberry Portage Municipal Park. Available for your convenience are a picnic area with playground equipment, volleyball, horseshoes, a beautiful beach and boat launch as well as shower and washroom facilities. All interested parties may request an application by contacting the L.U.D. office in Cranberry Portage at 204-472-3219 or by email at [ludcran@mymts.net](mailto:ludcran@mymts.net). Office hours are 10:00 A.M. - 4:30 P.M. Monday through Friday.

Thank you  
**Stephanie Taylor**  
Administrative Assistant  
LUD of Cranberry Portage/  
R.M of Kelsey

\*\*\*I would like to announce that I will be going on maternity leave this month; and returning in the fall of 2025. Thank you to the community for all your support and kind words during my pregnancy journey these last nine months!

***Sincerely Stephanie***

**L.U.D. OF CRANBERRY PORTAGE/ R.M OF KELSEY**  
**FULL TIME PUBLIC WORKS EMPLOYEE EMPLOYMENT OPPORTUNITY**

The LUD of Cranberry Portage is seeking a **full time Public Works Employee**. Employment is to commence as soon as possible, (Negotiable). Wages as per CUPE Agreement.

Job Description: Available upon request

Qualifications: **Possess a valid driver's license**, a strong work ethic, good communication skills, and the ability to work alone or as part of a team, and computer skills will be an asset. **Must have or willing to enroll in required Water/Sewer Treatment Courses.**

*Please submit your resume and three references for consideration:*

**Closing date for applications will depend on successful applicant.**

**SID MACK, Town Foreman**  
**Rural Municipality of Kelsey/ L.U.D of Cranberry Portage**  
**Box 209, Cranberry Portage, MB**  
**Or By Email: [ludcran@mymts.net](mailto:ludcran@mymts.net)**

The R.M. of Kelsey/ L.U.D Of Cranberry Portage thanks all applicants for their interest, but only those selected for an interview will be contacted.

**L.U.D. OF CRANBERRY PORTAGE/ R.M. OF KELSEY**  
**SUMMER STUDENT EMPLOYMENT OPPORTUNITY**

The L.U.D. of Cranberry Portage/ R.M. of Kelsey is seeking students for summer employment. Employment start date negotiable.

Job Description: Assisting Public Works Department/ Campground

Qualifications: Possess a valid Class 5 driver's license is an asset; but not required.

*Please submit your **resume and three references** for consideration by no later than 4 p.m. on Friday May 10th, 2024 to the attention of:*

**L.U.D of Cranberry Portage/ R.M of Kelsey**  
**Box 209**  
**Cranberry Portage, MB**  
**R0B-0H0**  
**Fax 204-472-3115**  
**Email: [ludcran@mymts.net](mailto:ludcran@mymts.net)**  
or in person Monday- Friday 10:00am-4:30pm  
Any questions call Stephanie: 204-472-3219

# PHANTOM LAKE SOCCER

**REGISTRATION IS NOW OPEN**

**TRAVEL SOCCER  
FEE \$25**

**U5 & U7- \$65  
U9 TO U17- \$85**

**NEW ADULT 18+  
SOCCER PROGRAM  
\$45**

REGISTRATION AND SCHEDULES CAN BE FOUND AT  
[WWW.PHANTOMLAKESOCCER.COM](http://WWW.PHANTOMLAKESOCCER.COM)



## COVID-19 vaccinations

the following individuals are now eligible  
for **another dose of XBB.1.5 COVID-19 vaccine**

(provided it has been at least 3 months from their most recent COVID-19 vaccine dose)

- Adults 65 years of age and older;
- Indigenous people 45 years of age and older, including First Nations, Inuit and Métis peoples, (regardless of residence)
- Adult residents of long-term care homes and other congregate living settings for seniors;
- Individuals 6 months and age and older who are moderately to severely immunocompromised  
(due to underlying condition or treatment)

**Call the Cranberry Portage Wellness Centre 204-472-3338 or the Sherridon Health Centre 204-468-2012 to book an appointment**

**Starting May 1, 2024, COVID-19 immunizations will not be available until the Fall 2024 COVID-19 Immunization Program.**

**All people in Manitoba aged 6 months and older are eligible for COVID-19 vaccination. The current COVID-19 vaccine that is available in Manitoba is the updated formulation that protects against the XBB.1.5 strain of the COVID-19 virus.**

**Starting May 1, 2024, COVID-19 immunizations will not be available until the Fall 2024 COVID-19 Immunization Program.**

Individuals who have not yet received their fall 2023 dose of the XBB.1.5 COVID-19 vaccine continue to remain eligible for a dose until April 30, 2024. Immunization is particularly important for those at increased risk of COVID-19 infection or severe disease, for example:

- Adults 65 years of age or older
- Residents of long-term care homes and other congregate living settings
- Individuals with underlying medical conditions that place them at higher risk of severe COVID-19
- Individuals who are pregnant
- Individuals in or from First Nations, Métis and Inuit communities
- Members of racialized and other equity-deserving communities
- People who provide essential community services

Vaccines are the best defense against the COVID-19 virus. Individuals are encouraged to get vaccinated as soon as they are eligible and ensure they receive all the doses recommended for the best protection.

## CITIZENS FOR PROTECTING OUR NORTHERN WATERWAYS



We will be at the following Trade Shows and Markets

- **Creighton/Flin Flon Trade Show** – April 24 – 27 (Creighton Sportex)
- **Snow Lake Trade Show** – April 30 – May 1 (Wilfred T. Lipton Arena)
- **Thompson Trade Show** – May 3 – 5 (C.A. Nesbitt Arena)
- **The Pas Trade Show** – May 9 – 11 (R. H. Johnson Arena)
- **Cranberry Portage Artisan Markets** – May 25; July 5 (Heritage Museum)

Stop by and learn about zebra mussels and other Aquatic Invasive Species

**What are they?**

**What do they do?**

**What Can We Do?**

Do your part to help prevent the spread into our Northern Waters!

See You There!!